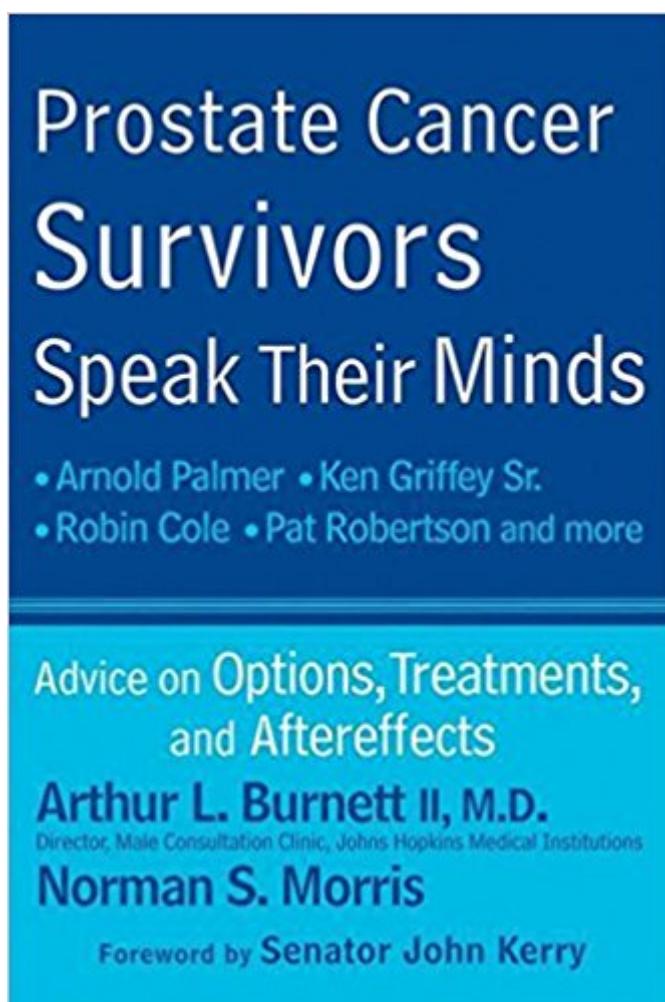


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Prostate Cancer Survivors Speak Their Minds: Advice On Options, Treatments, And Aftereffects



Synopsis

Personal stories show men how to make the right decisions for themselves, with medical insights from a leading Johns Hopkins authority on prostate cancerIf you or someone you know has been diagnosed with prostate cancer, you want to know the facts about treatment options as well as what to expect through the process of treatment and recovery.Written by Dr. Arthur L. Burnett, II. one of the world's most distinguished authorities on prostate cancer and veteran CBS News journalist and prostate cancer survivor, Norman Morris, Prostate Cancer Survivors Speak Their Minds gives you the information you need through the experiences of men who have had prostate cancer. Dr. Burnett speaks openly and honestly about prostate cancer options, treatments, and aftereffects and shares stories of both well-known and ordinary prostate cancer survivors who offer their personal reflections on going through treatment and getting well.Includes personal stories from notable prostate cancer survivors such as Arnold Palmer, Ken Griffey Sr., Pat Robertson, and othersTakes an authoritative look at prostate cancer treatments, current and promising— scientific breakthroughs, and life-altering side effectsAuthor Arthur Burnett, a leading prostate cancer expert, is the Patrick C. Walsh Professor of Urology, Cellular and Molecular Medicine at the Johns Hopkins's James Buchanan Brady Urological Institute and is renowned for his research studies that led to the formulation of ViagraOffers solutions to common side effects such as sexual problems and incontinenceCombining the essential medical facts about prostate cancer with personal, intimate stories told by courageous men who have survived it, this book is an invaluable guide for men diagnosed with prostate cancer and those who care about them.

Book Information

Paperback: 256 pages

Publisher: Wiley; 1 edition (March 1, 2010)

Language: English

ISBN-10: 0470578815

ISBN-13: 978-0470578810

Product Dimensions: 6.1 x 0.7 x 9.3 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 8 customer reviews

Best Sellers Rank: #262,273 in Books (See Top 100 in Books) #21 in Books > Health, Fitness & Dieting > Men's Health > Prostate Health #23 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Prostate Disease

Customer Reviews

"Not just another medical text. This is a companion work. In plain, easy-to-understand language, it is packed with key information, advice, and common sense."•Dan Rather, HDNet"When Norman Morris and I worked side by side at CBS News, his passion for firsthand reporting fired my own enthusiasm and buoyed my own work. Now he has brought to the life-and-death battle against prostate cancer that same powerful instinct for first-person testimony. Good journalism is an early-warning system for the health of democracy and our own well-being, and every man who reads this book will thank his lucky stars for it."•Bill Moyers, PBS"As a bladder cancer survivor, I know firsthand how hard it is for men to talk about their diseases•especially below-the-belt diseases•but this book shows us how to do just that, the first step in coping with and eventually conquering any disease. Needed, helpful, and at times inspirational."•Bob Schieffer, CBS News Chief Washington CorrespondentIf you or someone you love has been diagnosed with prostate cancer, you need to know the medical facts about treatment options, side effects, and outcomes. You also need practical advice and moral support from those who have been there. *Prostate Cancer Survivors Speak Their Minds* combines expert medical guidance from one of the world's leading authorities on prostate cancer with personal stories of men who have battled and defeated prostate cancer. Survivors tell you what you need to know about:Coming to terms with your diagnosis and preparing to fight the diseaseThe special risks prostate cancer poses to African American menRenewing your sex life as you recover from the diseaseDr. Arthur L. Burnett's open and honest comments put each survivor's story in a meaningful medical context and give you the knowledge, as well as the courage, you'll need to make the right decisions and win your battle against prostate cancer.

Arthur L. Burnett II, M.D., Professor, Department of Urology at the Johns Hopkins University School of Medicine, is one of the world's leading authorities on prostate cancer. Director of the Male Consultation Clinic at Johns Hopkins's James Buchanan Brady Urological Institute, he is also renowned for his studies that led to the formulation of Viagra. NORMAN S. MORRIS, an Emmy and Peabody Award•winning producer/writer and news manager at CBS News for thirty years, is himself a prostate cancer survivor.

This book is a "must have" for anyone diagnosed or caring for someone who is diagnosed with Prostate Cancer. Even though I have already had the surgery I found the book to be very helpful when discussing the disease with friends and colleagues. It takes a lot of soul searching to come up

with the right course of treatment to follow. The many different experiences related here could make a difference in the way you feel or reassure you that you are on the right track. I found the detail to be very true to my experience and I only wish I had this book 4 years ago when I was diagnosed. The one thing that I brought away from my reading was that I was not alone, and that was the major thought in my mind when the call came in from my Urologist! I urge anyone who has or supports someone who has prostate cancer to read this book! YOU ARE NOT ALONE....

My husband appreciated the first hand reports of individuals who had been through the different options for a "cure". Their experiences helped him to decide the treatment he is going to use.

An excellent book for those newly diagnosed with prostate cancer and wanting more information, especially treatment options, outcomes, side effect info and in general just what to expect from those who have been there. . This is a book about hope and looking up, not down. Direct, straight to the point, no frilly glossing over.

Very informative, especially for my RN nurse who supervises my health care. That is a plus when seeking knowledge about prostate

Awesome Resource. It answers many questions. My father was diagnosed with Prostate Cancer and this book helped him and mom a great deal. The author of the book is an authority in the field.

If you have prostate cancer, this book can add to your decision-making, but it should be read with some caution (despite the log-rolling reviews by eminent news guys). I don't doubt that Arthur Burnett is a skilled and compassionate surgeon, but it may be those very qualities that make this something of a distortion of treatment reality. Nearly all the examples of survivors "speaking their minds" have come through surgery (performed by Burnett) with flying colors--usually cured and with side effects not dampening their spirits. There is one example of a man whose surgery was botched--but Burnett didn't do it, and in fact rescued him with further treatment. Hmm...It doesn't take much research to realize there are countless men whose lives have been devastated by the side effects of prostatectomies--mostly incontinence and impotence, but other maladies as well. The feel-good stories in this book are only part of the story, and it seems shifty to present them as the typical outcome. Also, who are these survivors? Arnold Palmer? Ken Griffey? Pat Robertson? Rich guys who can afford any comfort to make their post-surgery miseries easier to bear. If you're not

rich, and you can't fly to Johns Hopkins to get Burnett to perform your surgery, I suspect your reality could be much different than what's represented in this book. On the other hand, the book is to be commended highly for focusing on African-Americans and gay men with prostate cancer, the former because they are so highly at risk, and the latter because gays are invisible to most authors/doctors writing about prostate cancer. (Amazingly, this book not only features a gay man's story but acknowledges explicitly that gay sex lives are fundamentally different than, say, Pat Robertson's, and that may affect treatment choices.) So read this book, for sure, BUT make sure you also read Patrick Walsh's "Guide to Surviving Prostate Cancer," Gerald Chodak's "Winning the Battle Against Prostate Cancer," and Mark Scholz's "Invasion of the Prostate Snatchers, among others.

Prostate Cancer Survivors Speak Their MindsAdvice on Options, Treatments and Aftereffects by A. Burnett, MD and N. Morris, 2010, Wiley & Sons, NJ

Norman Morris, an award-winning writer/producer, a news manager at CBS news (for 30 years), and a prostate cancer survivor, compiled this anthology. Twenty-two patients share their experiences, including Senator John Kerry and patients who have military, police, political, business or athletic leadership experience. This well-written, hopeful book teaches readers about prostate cancer symptoms, diagnostic tests, the risks and benefits of various treatments, prognoses, expectations for recovery and solutions to commonly-encountered problems. After each account, Dr. A. Burnett, Professor of Urology at Hopkins Medical School, and a leading authority on prostate cancer, offers his feedback as a cancer-care professional. Dr. Burnett shows obvious concern for the welfare of patients and readers as he briefly reviews each case, points out the lessons learned, explains why particular solutions helped each patient while sharing his clinical experiences as a urologist seeing patients with prostate cancer. Time after time, Dr. Burnett recommends that patients read, learn, and get second opinions before deciding what to do about their diagnoses. Many of these stories explain that patients found it helpful to read and then see one or more specialists after consulting their first urologist. Nothing gets sugar-coated. The facts are clear. Prostate cancer is a serious medical problem; most men fear this diagnosis. Even so, this book respects patients, families and readers by outlining the procedures for diagnosis and the options for treatment, reviewing the risks and benefits and discussing the concerns, issues and problems which often arise after a diagnosis of prostate cancer. These inspiring survivor stories teach readers how 22 patients found quality care and lived well with their prostate cancers. If you or a loved one have prostate cancer, this book will educate, support and encourage you.

Review by Robert Sealey, BSc, CA - SEAR Publications

Great deal

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Prostate Cancer Survivors Speak Their Minds: Advice on Options, Treatments, and Aftereffects
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